

# ANKENY BOOSTER CLUB BASEBALL ACADEMY 2010

Ankeny High School Baseball Coach Mark Hey, the High School Baseball coaching staff and members of the varsity baseball team will be offering a baseball camp for boys in grades 3-8 this winter. The camp will focus on fundamental skills and drills and preparing players for the upcoming season. The program will be held in the Ankeny High School Gym on five consecutive Sundays. Registration fee includes a T-shirt. You may choose to attend one or both sessions. If you choose to attend both sessions, there is a discount that applies.

<u>CAMP</u>	<u>TIME</u>	<u>DAYS</u>	<u>DATE</u>	<u>LOCATION</u>	<u>FEE</u>
Pitching/Defensive	1 - 2:45 pm	Sundays	1/31-2/28	HS Gym	\$60.00*
Catcher	1 - 2:45 pm	Sundays	1/31-2/28	HS Gym	\$60.00*
Offensive	3 - 4:45 pm	Sundays	1/31-2/28	HS Gym	\$60.00*
<b>Pitching/Offense</b>			<b>\$90.00</b>	<b>Catcher/Offense</b>	
				<b>\$90.00</b>	

**Registration cut-off date: 1/25/10**

***Pitching/Defensive Camp Agenda:***

Stretching properly, pitching mechanics, drills that emphasize mechanics, drills to increase velocity, pick-off moves, defensive skills for infield and outfield.

***Catching Camp Agenda:***

Blocking drills, framing drills, throwing drills, throwing mechanics

***Offensive Camp Agenda:***

Proper hitting mechanics, drills that emphasize hitting mechanics, base running and techniques, bunting drills

**ANKENY LITTLE LEAGUE & SELECT COACHES ARE WELCOME TO OBSERVE AT NO COST!!**

-----CUT AND KEEP TOP PORTION - NO CONFIRMATION WILL BE SENT-----

**ANKENY BASEBALL ACADEMY REGISTRATION**

You may register & pay online at: [www.campregistry.com/ankenycamps](http://www.campregistry.com/ankenycamps)

Or mail or drop off to AHS Activities Department, 1302 N. Ankeny Blvd., Ankeny, IA 50023

**CHECKS PAYABLE to "ANKENY SPORTS BOOSTER CLUB"**

Participant Name: \_\_\_\_\_ Birth date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Street Address: \_\_\_\_\_ Home Phone: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_ Current Grade \_\_\_\_\_ School \_\_\_\_\_

Parent Name: \_\_\_\_\_ Email: \_\_\_\_\_

Emergency contact (name & phone number): \_\_\_\_\_

\_\_\_\_\_ Pitching \$60    \_\_\_\_\_ Catching \$60.00    \_\_\_\_\_ Offense \$60.00

\_\_\_\_\_ Pitching/Offense \$90    \_\_\_\_\_ Catching/Offense \$90

**ADULT T-SHIRT SIZES (circle one)    S    M    L    XL    XXL**

I hereby give permission for my child to enroll in the Ankeny Boys' Baseball Academy camp(s) and certify that he is physically fit to participate. I will not hold the Ankeny Sports Booster Club, the Ankeny Community School District, or its appointed staff responsible in case of accident/injury or loss as a result of participation in these activities. I understand that the Ankeny Sports Booster Club and the Ankeny Community Schools DO NOT carry accident/health insurance to cover participants or spectators in any program. I understand that refunds will only be given up to the first day of a program. After that, no refunds will be given except in the event of unforeseen medical reasons or program cancellations/postponements.

Parent or Guardian Signature (REQUIRED) \_\_\_\_\_ Date \_\_\_\_\_

**This camp is for students of Ankeny Community Schools only.**

Any questions, please contact the Activities Office at 963-4335.